

BELLA MUSICA

Premier Musical Insights | International Guitar Program | Connections

Pima Insights

The natural movement of our right hand thumb from the largest joint gives a power and gracefulness to the arc toward the index finger. This movement creates stability and space for the finger tips to move naturally into the palm of the hand to create a truly beautiful sound. Remember, always be in contact with the string before you place the string in motion!

Singing Notes

Singing each note name creates a connection between our music and our instrument - a bridge with a beautiful view.

Our instrument begins to follow our voice to create flowing, lyrical and musical phrases.

Rhythm Notes

"Shannon, when you are practicing at home, in rehearsal with the symphony or during a concert, do you count?"

"Of Course...!"

Shannon, Bass Clarinet
Detroit Symphony



'Birds on a Wire' International Guitar Program

How Does Playing Music Help a Young Persons' Development?

Here are a few brief insights from the scientific community:

- Playing Music Creates Stronger Connections Between Brain Regions, Improved Brain Function, Better Memory and Attention and Builds a Higher IQ *
- Playing Music Enhances Fine Motor Skill Development
- Playing Music Together Creates Social and Emotional Intelligence
- Playing Music Creates a Higher Level of Executive Functioning in the Brain **

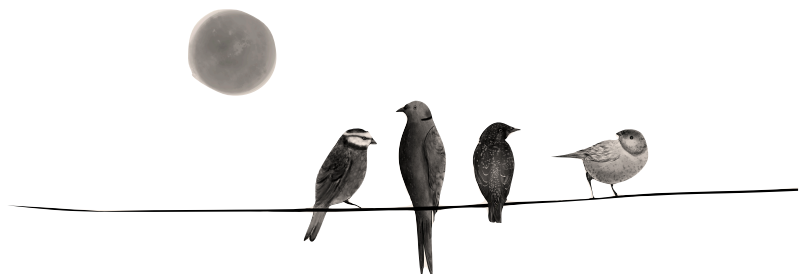
* The Royal Conservatory of Music - *The Benefits of Playing Music*

** Dr. Anita Collins - *How Playing an Instrument Benefits Your Brain*

With instrument in hand new and beginning players develop the physical coordination and intellectual skills that create a beautiful lasting relationship with music, ideas, inquiry and expression.

We gently and easily learn:

- Correct Playing Posture, Breathing and Movement
- Physical Accuracy and Fluidity
- Musical Notation, Rhythm and Phrasing
- The Eye, Voice, Finger Connection
- The Elements of an ongoing Successful Musical Experience





Prof. Heinz Teuchert, Germany

Saturday Sessions

The first Saturday each month at 9.45a for new players and 10.30a for advancing players EST/EDT (-4/-5 UTC) OM Studios International hosts the virtual Saturday Sessions.

From the comfort of your home, each Saturday Session is a gentle, virtual, and inspiring experience designed to enhance your playing skills.

We focus on the the relaxed, fluid and coordinated physical motion of the fingers, hands and body.

Through a very easily attainable exercise, each session moves at a pace for all players.

- Join Us! hello@omstudios.org to inquire. We look forward to seeing you!

Connect with Us!

Questions, Queries, Insights?
Let Us Know!

'Where Is My Guitar Today?'
'POP' (Proof of Practice)
Stories, photos...cool socks?

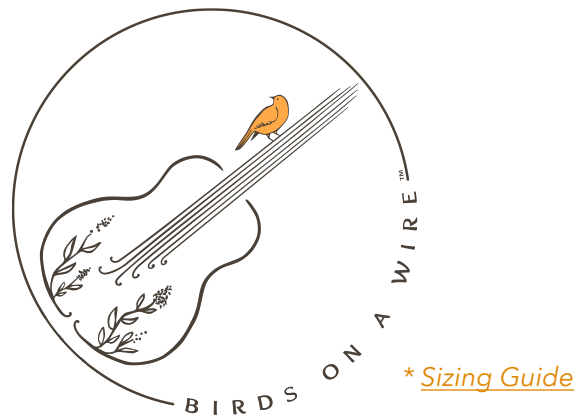
We Love it All and Look Forward
To Hearing From You!

hello@omstudios.org

Historical Notes

Madame Sidney Pratten, a 19c guitarist, played concerts, composed music and was the guitar teacher to two of Queen Victoria's daughters ~ Princess Beatrice and Louise, Princess of Wales. She founded her own guitar school in London and wrote an excellent didactic text for new guitarists. Here is a set of thoughtful insights from the talented Australian guitarist and educator Dr. Daniel Nistico and her *Guitar School* text.

Here is a link to the wonderful contemporary UK composer and teacher *Laura Snowden*, who we met recently in Sarasota Florida and to virtuoso *Irina Kulikova* playing a beautiful composition written for her daughter by her first guitar teacher Victor Kozlov. Below are two photos of the amazing instrumentalist *Ana Vidovec* (*early concert*). Birds on a Wire students and families had the pleasure to meet and talk with Ana after her Jacksonville, Florida concert, an exciting experience for her and for all of us.



* [Sizing Guide](#)

OM Studios International
Expanding Musical Possibilities

omstudios.org
contemporary lessons + sessions
new beginners + advancing players
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